



"EDUCATING THE COMMUNITY THROUGH OUR PASSION FOR COLOR, SOUND AND MOVEMENT."

ADULTZ CLASS SCHEDULE

MONDAY

Aerial Yoga 6:00p - 7:00p Coach LA
Hammock 2/3 7:15p - 8:30p Coach LA

TUESDAY

Trapeze/Lyra 1/2 5:45p - 6:45p Coach V
Fabric 3 5:45p - 7:15p Coach M
Hammock 1/2 7:30p - 8:45p Coach P

WEDNESDAY

Intro Trapeze & Lyra 6:45p - 7:45p Coach K

THURSDAY

Intro Fabric & Hammock 6:00p - 7:00p Artz
Fabric 1 6:45p - 7:45p Coach Day

FRIDAY

Trapeze/Lyra 1/2 5:00p - 6:00p Coach V
Hammock 1/2 6:00p - 7:15p Coach V

SATURDAY

Intro Fabric & Hammock 9:15a - 10:15a Artz
Fabric 1 9:15a - 10:15a Coach V
Fabric 2 9:15a - 10:30a Coach V
Intro Trapeze & Lyra 11:00a - 12:00p Coach D
Fabric 3 12:30p - 2:00p Coach S

SUNDAY

Fabric 1 12:00p - 1:00p Coach S
Fabric 2 12:00p - 1:15p Coach S
Intro Fabric & Hammock 1:30p - 2:30p Coach D

TEACHERS:

V- Victoria • P- Patrick • LA - Lauren • M - Mika • S-Sammy • Day -Dayana • R -Rylee • K - Kamba • D - Denise

PRICING:

MONTHLY MEMBERSHIP PASS OPTIONS:

DROP-IN \$35 • OPEN STUDIO PASS \$15 • UNLIMITED OPEN STUDIO MONTHLY PASS \$100

MONTHLY MEMBERSHIP PASS OPTIONS:

1 CLASS PER WEEK \$99 • 2 CLASSES PER WEEK \$180 • 3 CLASSES PER WEEK \$240

***AFTER 4 PER WEEK, ADDITIONAL WEEKLY CLASSES ARE \$50 PER MONTH.
DROP-IN FOR MEMBERSHIP HOLDERS \$35 • OPEN STUDIO PASS \$10
• MEMBER SPECIAL: \$25 • STARTER PACK: \$80 (BEGINNER CLASSES ONLY)
- OPEN GYM VARIES BY DAY EMAIL OR TEXT FOR BOOKING**